

What Lies Beneath
Pro 14:13, Ps 34:18
By Russell Earl

Thesis: I want to show how we should not try to hide our troubles from God and others who care about you.

- Intro:
1. Do you have problems you don't share with others?
 2. Do you have things that worry you that you don't discuss with others?
 3. Do you have troubles hiding beneath the surface?

I. What troubles can hide beneath the surface?

A. Loneliness & Depression

1. Loneliness – **Pro 18:24**
2. Depression - **Pro 12:25**

B. Spiritual doubts or misunderstandings & Sin

1. Spiritual doubts – **Matt 14:25-31**
2. Spiritual misunderstandings – **Ps 119:169, Gal 1:7**
3. Sin – **Jer 23:24, Ps 139:12**

II. Hiding troubles can cause unfaithfulness

A. Unknown troubles find no help from friends

1. Unknown troubles cannot be taken to God in prayer by others - **1 Jn 5:15**
2. Unknown troubles cannot find advice from godly friends – **Pro 17:17**

B. Unknown troubles cannot be hidden or disguised from God

1. Troubles are hidden from others but not from God – **Psalm 14:2**
2. When we hide our troubles from friends and attempt to hide them from God we show our lack of faith and trust in both. – **James 5:16**

III. God can heal cure troubles

A. First we must remember God hears and God cares!

1. God hears – **Ps 66:19**
2. God cares – **1 Pt 5:6-7**

B. God answers prayers according to HIS wisdom.

1. God answers and delivers – **Ps 69:13-14**
2. God's answer or answers will be righteous and should give us peace
– **Ps 143:1, Ps 34:18**

- Conc:
1. Do you allow things or cause things to be hidden? To hide our troubles from God shows a lack of faith.
 2. We do not have to proclaim our troubles from the mountain top but we ought to trust God and those close to us. This is the only way we can have rest from our troubles (**Mt 11:28**)
 3. Full Invitation