

**The Sermon on the Mount – Lesson 10**  
**Matthew 6:25-34**  
**By Russell Earl**

Thesis: I want to show what Christ says about worrying.

Intro: 1. Worrying affects everyone. We worry about different things for different reasons.  
2. Today, we will examine what Christ teaches concerning worry.

**I. Do not worry (v.25)**

**A. Take no thought**

1. The phrase “take no thought” is the idea behind the instruction not to worry.
2. It also gives us the idea of not dividing cares
3. Jesus is warning us against being so distracted from the main objective of life by the cares and anxiety about earthly and worldly things that we lose sight of God.

**(Ecc 12:13a –what’s really important)**

**B. What “take no thought” does not mean.**

1. It doesn’t mean we live irresponsibly
2. Just because we are encouraged not to worry so much doesn’t mean we sit back and do nothing (**2 Thess 3:10**).

**C. Add one cubit..(v.27)**

1. What advantage does a person who worries have or the person who does not worry?
2. Does the worrier improve their life?

**II. The care of God & our need not to worry (v.26;28-30)**

**A. God provides**

1. These creatures live day to day and they are provided for.
2. These are small creatures yet are provided for daily.
3. The lilies do not spin to create thread yet they are compared to Solomon’s many beautiful possessions.

**B. If God...**

1. Provides for the birds and arrays the lilies
2. If God does these things what does that say concerning His care for mankind?

**III. God is in control**

**A. 3 areas to not worry (v.31-32)**

1. Daily Food
2. Daily drink
3. Clothing
  - a. Why these three areas?
  - b. The gentiles seek or are overly concerned with such things.

**B. Seek & do not worry (v.33-34)**

1. We must God first, there is no other option for the Christian.
2. Tomorrow will have problems like today. Thus, we should not miss today while worrying about tomorrow.

Application & Conclusion:

1. We cannot miss today because we worry about tomorrow.
2. We cannot allow the concerns of this world to distract us from what is important.
3. Are you guilty of this? Are you willing to shift your focus to more important matters?
4. Consider one last time Mt 6:25 notice the phrase “is not life more...”- is there more to life than these temporary things?
5. Full Invitation