

The Sermon on the Mount Series

Lesson 1

Matthew 5:1-4

By Russell Earl

Thesis: I want to show some lessons we can learn from the attitudes found here in Matthew 5.

Intro:

1. To we are beginning a series of lesson from the Sermon on the Mount.
2. These are lessons taught by Christ and are found in Matthew chapters 5-7.
3. Today we will begin by looking at the beatitudes.

I. The Beatitudes

A. What are the beatitudes?

1. The teachings in Mt 5:1-12 are referred to as the Beatitudes
 - a) They deal with the state of one's heart.
 - b) Man puts much emphasis on the outward, Jesus on the inward.
2. The term, "Blessed":
 - a) It is deeper than happy, it includes peace and content.

II. Blessed are the poor in Spirit (v.3)

A. These individuals know and understand their spiritual dependence upon God.

1. Paul was poor in Spirit – **1 Tim 1:15**
2. We too must be poor in spirit – **Heb 10:23**

B. Their dependence upon Christ makes them poor (or dependent) in Spirit.

1. "poor in spirit" – a reference to a humble frame of mind, those who are poor in spirit are aware of the need for a redeemer. – **John 6:68**
2. As followers of Christ today, we too should be poor in spirit, we should be dependent on Christ, notice how those who the Old Testament were to have the same attitude "cling to Him" – **Deut 30:20**
3. Without Christ we have no hope – **John 3:17**

C. They will inherit the kingdom of Heaven.

1. The kingdom of heaven is theirs because they are humble and are dependent upon Christ.

III. Blessed are those who mourn (v.4)

A. Those that mourn over their sins and repent.

1. Godly sorrow which brings true repentance. Such mourners shall be comforted by God.
2. David mourned over his mistakes – **Psalms 6:6**
3. We must be able to mourn/ have godly sorrow for our sins too – **2 Cor 7:9-10**

B. These are individuals who mourn because they have fallen short of the glory of God.

1. All have fallen short – **Romans 3:23**
2. Thus we have plenty to mourn over.

C. Because of their mournful state over their sins-they will be comforted.

1. God will comfort those who mourn.

2. They are comforted because they repent – **Revelation 21:4**

Concl:

1. We have seen two important attitudes a Christian should have.
2. Do you have these attitudes? We are reminded each time that those who have these attitudes will be blessed.
3. Full Invitation