

Lift Up Your Eyes
Psalm 121
By Russell Earl

Thesis: I want to remind us to look up when looking for ANY kind of help.

Intro: 1. When we pray we should have the proper mindset. The Psalmist in Psalm 121 shows us another good attitude towards prayer.
2. Tonight, we want to be reminded of the importance of prayer with expectation.

I. Anticipation of help (Psalm 121:1-2)

A. Look up for help (v.1)

1. We must be wise enough to look to the proper place for help.
 - a. **Prov 10:6**
2. Looking up is a reference to looking to God, the true source of help.

B. Assured of help (v.2)

1. The writer writes as if He has already received help from above.
2. He speaks with assurance as He knows God's aide will come.
 - a. **Romans 8:28**

II. Assurance of help (Psalm 121:3-8)

A. He will not allow him to fall or stumble (v.3-4)

1. God will not allow us to stumble when we are following Him. Thus, the only way to be always saved is to be always following God, **1 Cor 10:13**
2. He doesn't take days off or nap and thus be unavailable to His faithful servants.

B. He will protect and preserve him day and night (v.5-8)

1. The Lord's protection is described in such ways as to make sure we know it is complete protection, **Psalm 55:22**
2. The Lord provides protection and aide in all of the doings of the faithful.

III. Lessons for us today.

A. The Christian must think positive when in prayer.

1. If you are going to pray for rain bring an umbrella, and then don't complain about the rain.
2. We must pray and hope in faith (**James 5:13-18**).

B. God assures us of His help.

1. His help may not always be what we expect, but His help will always come.
2. God's help is above any man's (**Psalm 60:11**)

Application & Conclusion:

1. Christians would do well to pray to God in expectation and with assurance of help from Him.
2. Our prayers to God must be made in expectation of receiving an answer from God.
3. Full Invitation

Non-Christians must:

Hear – James 1:22, Romans 10:15,17

Believe – Jn 12:44, Jn 8:24, Mt 16:16

Repent – Luke 13:2-3

Confess – John 12:42, Romans 10:9

Be Baptized – 1 Pt 3:21, Acts 22:16, Col 2:11, Mk 16:16, Rom 6:3-4

Live faithfully – John 14:15, Rev 2:10

Christians must:

Repent: Acts 17:20, Acts 8:37, Lk 13:3

Pray: James 5:16, 1 Jn 1:9